

FOOD MENU

SAUSAGE, EGG AND CHEESE SANDWICH • \$8.50 sausage (chicken or pork), egg, american cheese, on a english muffin

BACON BREAKFAST SANDWICH • \$8.50 bacon (turkey or pork), egg, white cheddar, toasted on croissant

AVOCADO TOAST • \$7.00 avocado, spring mix, onion, tomato and goat cheese with balsamic glaze drizzled on top

add chicken breast \$6.00, or a scoop of chicken salad \$5.00

CAESAR SALAD • \$10.00

romaine, croutons, shaved parmesan, parmesan crisp, caesar dressing

APPLE WALNUT SALAD • \$12.00

spring mix, sliced apples, candied walnuts, goat cheese chopped bacon, pumpkin seeds with honey mustard dressing

SIDE SALAD • \$6.00

spring mix, cucumber, onion, tomato and balsamic vinaigrette

substitute for gluten-free bread • \$1.30

CHICKEN SALAD SANDWICH: \$11.50 chicken salad, lettuce, cranberry mayonnaise, on toasted sourdough

BALT \$10.00

bacon, avocado, lettuce, tomato, mayonnaise on organic sourdough bread

TURKEY SANDWICH \$10.50 turkey, brie, lettuce, cranberry chutney, on ciabatta

CAPRESE SANDWICH \$10.00: add chicken breast \$6.00 tomato, mozzarella, basil, house made pesto, balsamic glaze, on ciabatta